

# NSW RACE WALKING CLUB

Check out the Website: [www.nswracewalkingclub.com](http://www.nswracewalkingclub.com)

Established 1911



## The RACEWALKER 14<sup>th</sup> July, 2012

Welcome once again to a Club Day at Haberfield (Leichhardt). Today is the first part of the Racewalking Australia Challenge and **next Saturday 21<sup>st</sup>** at Earlwood (Tempe) is the second part.

Today the **Hadley Cup** is the perpetual trophy that will be awarded to the combined handicap winner of the Long and Medium men 10km.

### Sutherland District Athletics Club.

Last Saturday at Hurstville Grove it was the Sutherland Open and we would once again like to thank Sutherland District Athletics Club for providing the trophies for the Fastest Male and female and 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> combined handicap winners for each of our 5 Divisions

**Saturday 28<sup>th</sup> July** – no competition as the next day **Sunday 29<sup>th</sup> July is the Athletics NSW Long Walks Championships.**

This is the third Athletics NSW State Championship for this winter season and any walker who is a current registered member of a senior club is eligible to enter. Entries can be made online at [www.nswathletics.org.au](http://www.nswathletics.org.au) Online athlete entry into Masters, Open, U20 and U16 events is \$18, but on the **day entry is \$25**. Online athlete entry into the U12 events is \$13, but on the **day entry is \$20**. Athletes must be registered with Athletics NSW (or other state member association) for the 2011-12 season and wear their Athletics club uniform with their bibs worn front and back for the duration of the Championship. **Online entries and payment** is to be submitted by midnight, **Wednesday 25<sup>th</sup> July, 2012**.

### Raffle

Congratulations to our raffle winner last Saturday who was the McDonald family (Jasmyn).

### Trash and Treasure Auction

We know that 18<sup>th</sup> August is many weeks away, but if you are doing any winter school holiday cleaning, don't throw out any "treasures or trash" put them in a box and bring to our Auction to raise some money for our Club.

### Drinks

As you are aware we have a fun run at the conclusion of our walks each Saturday and it is free entry for everyone who has walked, but if there are any mums, dads, brothers and sisters who would like to join in the fun and just have a run, it is only \$2. We have a point score for this, as we do for the walks.

### Best Wishes

Best wishes to **Adam Rutter** who is competing in the walk at the London Olympics and also to his parents Jenny and Richard who are travelling to London to watch the race. Jenny Lingley will also be in London watching the Olympics and having a holiday as well.

### Australian Championships and Federation events in Adelaide

Watch Athletics Australia website for entry information. For these events which are being conducted on Sunday 26<sup>th</sup> August.

# RESULTS

## Results of 7th July 2012 - Sutherland Open Day at Hurstville Grove

### Long Division 10km

| Place | Name            | Finish Time | Handicap Time | Handicap Place |
|-------|-----------------|-------------|---------------|----------------|
| 1     | Cheryl Webb     | 48.20       | 44.26         | 1              |
| 2     | Kyle Malone     | 50.20       | 49.21         | 2              |
| 3     | Jay Felton      | 53.34       | 51.39         | 3              |
| 4     | Steven Washburn | 56.56       | 56.56         | 5              |
| 5     | Matthew Killen  | 59.45       | 52.19         | 4              |

# RESULTS

## Results of 7th July 2012 - Sutherland Open Day at Hurstville Grove

### Medium Division - 8km

| Place | Name              | Finish Time | Handicap Time | Handicap Place |
|-------|-------------------|-------------|---------------|----------------|
| 1     | Tyler Jones       | 42.26       | 42.26         | 7              |
| 2     | Robert Murphy     | 43.10       | 39.07         | 4              |
| 3     | Carl Gibbons      | 43.12       | 34.24         | 1              |
| 4     | Jasmine Dighton   | 45.24       | 40.40         | 5              |
| 5     | Tony Psarianos    | 51.41       | 39.05         | 3              |
| 6     | Bryony Beasley    | 54.05       | 41.55         | 6              |
| 7     | Demi Psarianos    | 57.48       | 45.50         | 8              |
| 8     | Judy Brown        | 59.51       | 35.00         | 2              |
| DNF   | Tom Doyle         | DNF         |               |                |
| DNF   | Amanda Barendregt | DNF         |               |                |

### Short Division - 4km

| Place | Name               | Finish Time | Handicap Time | Handicap Place |
|-------|--------------------|-------------|---------------|----------------|
| 1     | Jasmyn McDonald    | 20.32       | 20.31         | 5              |
| 2     | Lucy Francis       | 20.59       | 19.19         | 2              |
| 3     | Aiden Kerr         | 21.22       | 21.06         | 6              |
| 4     | Adam Mylonas       | 23.10       | 21.38         | 7              |
| 5     | Stephanie Grujoski | 23.58       | 19.47         | 3              |
| 6     | Nicolle Challinor  | 24.23       | 18.25         | 1              |
| 7     | Mary Willis        | 24.26       | 19.51         | 4              |
| INV   | Nicole Fagan       | 20.57       | -             | -              |
| INV   | Brendon Hyde       | 34.47       | -             | -              |

### U16 Division - 3km

| Place | Name             | Finish Time | Handicap Time | Handicap Place |
|-------|------------------|-------------|---------------|----------------|
| 1     | Leah McDonald    | 15.51       | 15.50         | 4              |
| 2     | Dylan Richardson | 16.24       | 16.00         | 5              |
| 3     | Ryan Thompson    | 16.31       | 14.58         | 2              |
| 4     | Tiffany Saker    | 18.31       | 15.02         | 3              |
| 5     | Mascey Willis    | 18.54       | 12.35         | 1              |
| 6     | Ally Grujoski    | 20.31       | 18.17         | 6              |

### U12 Division - 1.5km

| Place | Name             | Finish Time | Handicap | Handicap Place |
|-------|------------------|-------------|----------|----------------|
| 1     | James Plummer    | 7.58        | 6.43     | 2              |
| 2     | Niamh Sanday     | 8.19        | 7.22     | 7              |
| 3     | Renee Hardy      | 8.22        | 5.59     | 1              |
| 4     | Flynn Ross       | 8.38        | 7.42     | 9              |
| 5     | Lachlan Beecroft | 9.38        | 6.59     | 5              |
| 6     | Brooke Martin    | 10.11       | 7.32     | 8              |
| 7     | Bronti Westaway  | 10.39       | 6.51     | 3              |
| 8     | Jada Thomson     | 11.27       | 8.17     | 10             |
| 9     | Aiden Hardy      | 14.09       | 6.58     | 4              |
| 10    | Emily Challinor  | 14.09       | 7.10     | 6              |
| -     | Sybella McKay    | DISQ        | -        | -              |